



**Prahran Junior Football Club**

**PLAYER GAME TIME & POSITION ROTATION  
POLICY**

**APRIL 2016**



# Prahran Junior Football Club

## 1. Background

- 1.1 PJFC is committed to ensuring that each player during their time at the Club gets the opportunity to both participate and develop as a footballer. This is consistent with the Club's overall core objectives, which include the desire to 'inspire every child to play their best football'.
- 1.2 The Game and Position Time Policy aims to provide clear guidelines for both coaches and players to understand the amount of game time and positional movement that we as a Club expect to ensure that all players within a team are getting the opportunity to both develop and participate.
- 1.3 In the younger age groups of Under 8s through to Under 10s, the desire of the Club to ensure that all players get the participation and development opportunities that they require, may mean that a team may lose games of football or otherwise not achieve the most optimal match results. This should not be a concern as the long-term retention of young footballers, and their ongoing development, is a greater priority for the Club than winning games in a competition, particularly where no ladders or premierships are available.

## 2. Game Time

The PJFC requires that all Coaches, Assistant Coaches and Team Managers work collaboratively to ensure that, to the maximum extent possible, players get the following game time each week as follows:

- Under 8s to Under 12s – equal game time (ie: equal bench time)
- Under 13s to Under 18s – a minimum of 2½ quarters of game time
- Finals – Under 11s up – a minimum of 2 quarters of game time.

In the event that a player's attitude and/or attendance at training has been poor, then the coaching team may vary the above, following reasonable notification to the player and the relevant Club age group Coach Coordinator.

## 3. Player Position Rotation

The Club requires its Coaches, Assistant Coaches and Team Managers to ensure, to the maximum extent possible, the rotation of players as follows:



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- Under 8s to Under 10s – players should be rotated between the relevant zones (ie. forward, mid and back) through the season and at least two of these zones during each game. Players must not be played in the same position for the whole match.
- Under 11s and Under 12s – players should be rotated between the relevant positions during the season. Some positional specialisation or focus is expected, but players should still experience the range of positions, and midfielders in particular must spend time both forward and back.
- Under 13s to Under 18s – players must play in a variety of positions during the season.

#### **4. Policy Review**

The PJFC Committee will review this policy on an annual basis and reserves the right to amend it from time to time.